

NINA DESAI, D.O.

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AESTHETIC MEDICINE PHYSICIAN

A family medicine-trained physician, I learned early in my career that what people see in the mirror doesn't always reflect what they feel on the inside. I partner with my clients to help them gain confidence in their appearance while empowering them to fully enjoy all that life has to offer.

AREAS OF EXPERTISE

Dermal Fillers • Radiesse • Sculptra • Toxins • Platelet-Rich Plasma (PRP)

Hair Restoration • IV Therapy • Weight Loss Treatment • Vaginal & Facial Rejuvenation

Energy-Based Devices: Operate 532/1064/755 • IPL • Er:YAG • Body Contouring (Cryo, Radiofrequency, Muscle Stimulation)

EXPERIENCE

- | | | |
|--------------------|--|-----------------------|
| 8/2011-
Present | RENEW LASER & SKIN
Owner / Medical Director | SUGAR LAND, TX |
| | <ul style="list-style-type: none">• Lead thriving medical spa serving 3,500 patients, seeing on average 50-60 per week. Recruited office team of six followed by additional physician in 2017 to accommodate demand.• Partner with clients as trusted medical advisor recommending and administering broad selection of treatments to minimize aging and enhance aesthetic presentation.• Assess trends in anti-aging and aesthetics to evaluate scientific value and alignment with market. Maintain CME credits, attending several conferences annually to review emerging science/technology.• Hold full oversight of practice P&L, directing budget, payroll, equipment purchases, and inventory. Market services to clients through referrals, social media, and Google ads.• Deliver clinical teaching for American Academy of Aesthetic Medicine. Previous engagements include assistant to hands-on training.• Provide one-on-one preceptorships with individual physicians.• Serve as a national speaker for Cutera laser equipment, speaking to audiences of 30 up to 300 on benefits of products and treatment (12/2018-Present). | |
| 5/2009-
1/2012 | MUNOZ FAMILY CARE
Practice Physician | RICHMOND, TX |
| | <ul style="list-style-type: none">• Engaged with average of 50 patients per week to assess medical needs and render diagnoses, treatment, and preventative care. | |
| 7/2008-
1/2009 | FIRST STREET EMERGENCY ROOM
Locums Physician | BELLAIRE, TX |
| | <ul style="list-style-type: none">• Provided emergency room care in one-bed specialty surgical hospital. | |

EDUCATION

AMERICAN ACADEMY OF AESTHETIC MEDICINE

Level 3 Board Certification

MEMORIAL FAMILY MEDICINE RESIDENCY PROGRAM

Memorial Hermann Health System

Three-Year Family Medicine Residency/Training Accredited Program

HOUSTON, TX

UNT HEALTH SCIENCE COLLEGE

Texas College of Osteopathic Medicine

Doctor of Osteopathic Medicine

FORT WORTH, TX

UNIVERSITY OF TEXAS

Bachelor of Arts, Kinesiology

AUSTIN, TX

PROFESSIONAL AFFILIATIONS

American Academy of Aesthetic Medicine • ASLMS • A4M • AAFP